

# Power Protein Smoothie



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## Ingredients

- 1 frozen banana, in chunks
- 1-2 Tbsp peanut butter
- 6 pieces of frozen sliced peaches
- 2 scoops chocolate protein powder
- 22oz of almond milk

## Directions

- Combine ingredients in Ninja or blender and blend until smooth. Add more milk (alternative) for desired consistency

## Tips

Frozen bananas give this a shake-like consistency. Fresh bananas have the same taste but makes a more liquid smoothie.

## Notes: