

Vegan Pancakes



Ingredients

- 1 1/2 c whole wheat flour
- 3/4 c oat flour*
- 1 tsp salt
- 1 Tbsp ground flax seed
- 3 tsp baking powder
- 2 tsp cinnamon
- 1/2 tsp nutmeg (can be omitted)
- 2 Tbsp pumpkin purée**
- 2 + cups milk to desired consistency

Directions

- Mix ingredients together
- Bake on a griddle

Tips

*Oat flour can be made by putting rolled oats in the food processor until finely ground. It takes just about 1c up rolled oats to make 3/4 cup oat flour

**You can substitute coconut oil for pumpkin puree if needed

Notes: